

# Marching Band Forms for Commitment Night 2023 Season

**\*\*Please note that there are SEVERAL places for both parents & student to sign\*\***

All forms are available on the band website ([www.fhnbands.com](http://www.fhnbands.com)) for future reference.

Contact Amy Prinster at [forms@fhnbands.com](mailto:forms@fhnbands.com) with any questions.

\_\_\_\_\_ Medical Aid Form

\_\_\_\_\_ Family Financial Commitment (FFC) Agreement

\_\_\_\_\_ Parent Information Form

\_\_\_\_\_ Band Uniform Contract

\_\_\_\_\_ Photo Release Form

\_\_\_\_\_ Marching Band Expectations Contract

\_\_\_\_\_ Francis Howell School District Field Trip Informational Packet

- These forms will be used for any out-of-town field trip/overnight trip that your student will take with band or guard throughout the school year.
- There are 3 forms to fill out in this packet: Student Agreement, Out-of-Town/Overnight Agreement form and Out-of-Town/Overnight Release form.
- Please use “FHN Band” for with, “Anywhere” for place, and “Any August 2023- June 2024” for departure/return dates as you fill out these forms.

# FHN Activities Office Website Forms

**(you will submit these online on the FHN Activities Office website)**

\_\_\_\_\_ MSHSAA PRE-PARTICIPATION DOCUMENTATION – ANNUAL REQUIREMENTS (3-page)

\_\_\_\_\_ PRE-PARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM – VALID FOR 2 YEARS (3-page)

You will also be required to register online with the FHN Activities website <https://fhnhs.rschooteams.com>

**Please wait** to do this process because the website will not be switched over to fall sports (marching band/color guard) until later this summer. We will send out a reminder via the BAND app, Facebook & Charms when it is time to do this process.

If you created an account last year, please sign in with your family login. Or create a new account if you are doing so for the first time.

**There are complete instructions on the website listed under “Quick Links” in the bottom left-hand corner. Click on “Sports Eligibility and Registration Instruction.”**

**Please read through the information to make the process easier for you.**

You will need to upload the MSHSAA Annual Requirements form and the MSHSAA physical 2-year form (if needed this year) onto the website. These are in your packet. The physical (every 2 years) is required for anyone who did not receive one last year (freshmen, juniors, and new marchers). It is recommended that your student get their physical (2-year form) after June 1<sup>st</sup> or in July before their freshman year and junior year. If your student had a physical uploaded last year, it should still be there when you log on.

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**Color Guard Members only-** The FHSD Consent for Cognitive Testing will need to be filled out online and your student will complete the impact testing process (computer-based test). This is required for Color Guard members every 2 years (it is no longer required for marching band winds or percussion).